



VAIL INNOVATION CENTER  
LUNCH  
MAY 2019



**MONDAY**

**Students MUST select 3 out of the 5 meal components.**

**One of the 3 components selected MUST be a fruit or vegetable.**

**TUESDAY**

**Nutritional information is available at the food service office.**

**Menus subject to change without notice.**

**WEDNESDAY**

1

Whole Grain Bean & Cheese Burrito  
OR  
Chicken Patty Sandwich

Refried Beans  
Fruit  
1% and Fat Free Milk

**THURSDAY**

2

BBQ Cheeseburger  
OR  
Crispy Chicken Salad w/ Dinner Roll

Corn  
Fruit  
1% and Fat Free Milk


**FRIDAY**

3

**Cookie Day!**

Chicken & Broccoli Stir Fry w/ Brown Rice  
OR  
Cheese Pizza

Broccoli  
Fruit  
1% and Fat Free Milk



**May 6<sup>th</sup> – 10 is National Teacher Appreciation week!**

6

Chicken Nuggets w/ Dinner Roll  
OR  
Crispy Chicken Wrap

Whipped Potatoes/Gravy  
Fruit  
1% and Fat Free Milk

7

Pasta & Meat Sauce  
OR  
Buffalo Chicken Salad w/ Dinner Roll

Carrot Coins  
Fruit  
1% and Fat Free Milk

8

Beefy Nacho  
OR  
Spicy Chicken Patty

Refried Beans  
Fruit  
1% and Fat Free Milk

9

Pepperoni Pizza  
OR  
Chef Salad w/Dinner Roll

Green Beans  
Fruit  
1% and Fat Free Milk

10

Cheese Enchiladas  
OR  
Cheeseburger

Broccoli  
Fruit Juice  
1% and Fat Free Milk

13

Sweet & Sour Chicken w/Brown Rice  
OR  
Buffalo Chicken Wrap

Green Beans  
Fruit  
1% and Fat Free Milk

14

Chicken Alfredo Pasta w/Breadstick  
OR  
Chicken Caesar Salad w/Dinner Roll

Mixed Vegetables  
Fruit  
1% and Fat Free Milk

15

Pepperoni Pizza  
OR  
Chicken Patty Sandwich

Refried Beans  
Fruit  
1% and Fat Free Milk

16

Bacon Cheeseburger  
OR  
Crispy Chicken Salad w/ Dinner Roll

Corn  
Fruit  
1% and Fat Free Milk

17

Orange Chicken w/ Brown Rice  
OR  
Sun Butter & Jelly Sandwich w/String Cheese

Broccoli  
Fruit  
1% and Fat Free Milk

20

Cheese Pizza  
OR  
Crispy Chicken Wrap

Potatoes  
Fruit  
1% and Fat Free Milk

21

Chicken Patty Sandwich  
OR  
Turkey & Cheese Sub

Chef's Choice  
Fruit  
1% and Fat Free Milk

22

**Early Release**

**No Lunch Service**

23

**Early Release**

**No Lunch Service**



**Have a safe and fun summer break!**



Scatter seeds of kindness wherever you go



**"This institution is an equal opportunity provider."**